# 2010 State Profile — North Carolina National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <a href="http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf">http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf</a>

In North Carolina, 400 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 33,029 clients in substance abuse treatment on March 31, 2010. The survey response rate in North Carolina was 83.8%.

### **Facility Operation**

			Clients in	Treatmen	t on March 31	, 2010
	Facilitie	s	All Clier	nts	Clients Unde	r Age 18
	No.	%	No.	%	No.	%
Private non-profit	171	42.8	16,449	49.8	1,149	57.0
Private for-profit	191	47.8	12,603	38.2	543	26.9
Local, county, or community government	15	3.8	529	1.6	61	3.0
State government	10	2.5	753	2.3	1	0.1
Federal government	12	3.0	2,191	6.6	10	0.5
Dept. of Veterans Affairs	7	1.8	597	1.8	4	0.2
Dept. of Defense	4	1.0	1,588	4.8	0	0.0
Indian Health Service	1	0.3	6	0.0	6	0.3
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.3	504	1.5	252	12.5
Total	400	100.0	33,029	100.0	2,016	100.0

# **Primary Focus of Facility**

			Clients in T	reatmen	t on March 31,	2010
	Facilitie	s	All Clien	ts	Clients Under	Age 18
	No.	%	No.	%	No.	%
Substance abuse treatment services	211	52.8	20,829	63.1	779	38.6
Mental health services	48	12.0	2,720	8.2	198	9.8
Mix of mental health & substance abuse						
treatment services	137	34.3	8,814	26.7	1,038	51.5
General health care	2	0.5	243	0.7	1	0.1
Other/unknown	2	0.5	423	1.3	0	0.0
Total	400	100.0	33,029	100.0	2,016	100.0

#### **Substance Abuse Problem Treated**

			Clients in T	reatmen	it on March 31, 2010
	Facilities <sup>1, 2, 3</sup>		Clients <sup>3</sup>		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	341	89.7	12,941	39.2	166
Clients with drug abuse only	317	83.4	14,602	44.3	199
Clients with alcohol abuse only	300	78.9	5,437	16.5	72
Total <sup>2</sup>	380		32,980	100.0	436

20

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

<sup>&</sup>lt;sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

<sup>&</sup>lt;sup>3</sup> Sum of individual items may not agree with the total due to rounding.

			Cli	ents in Trea	atment on M	larch 31, 2010	
	Facilitie	s <sup>1</sup>	Α	II Clients		Clients Under Ag	je 18
					Median No.		
					of Clients		
	No.	%	No.	%	Per Facility	No.	9/
Outpatient	337	84.3	29,872	90.4	35	1,927	95.6
Regular	311	77.8	15,760	47.7	25	1,027	33.
Intensive	142	35.5	2,826	8.6	14		
Day treatment/partial hospitalization	40	10.0	632	1.9	14		
Detoxification	32	8.0	94	0.3	3		
Methadone/buprenorphine	41	10.3	10,560	32.0	285		
Residential (non-hospital)	73	18.3	2,462	7.5	13	83	4.1
Short term	32	8.0	481	1.5	16	00	7.
Long term	49	12.3	1,749	5.3	10		
Detoxification	15	3.8	232	0.7	11		
Hospital Inpatient	<b>30</b>	7.5	695	2.1	9	6	0.3
Treatment	21	5.3	492	1.5	15	U	0.3
Detoxification	30	7.5	203	0.6	6		
Total	<b>400</b>	7.5	33,029	100.0	30	2,016	100.0
Total	400	I	33,029	100.0	30	2,010	100.0
Opioid Treatment Programs (OTPs)	No.	% <sup>1</sup>	Accreditation		provai, oc	rtification, or	
Facilities with OTPs	38	3.3			_	Facilities <sup>1</sup> No.	0.
Clients in Facilities with OTPs		ŀ	Any listed age	nov/organi-	ration	353	% 88.3
Methadone	10,467	96.2	State substan			272	68.0
Buprenorphine	409	3.8			• •	214	53.
Total	10,876	100.0	•			121	30.3
<sup>1</sup> Percentage of all OTP facilities that are in this State of		100.0	Hospital licen			25	6.3
r crocinage of all off lacinates that are in this otate of	i jurisdiction.		The Joint Cor	_	· y	48	12.0
Facility Payment Options			CARF <sup>2</sup>	11111131011		142	35.5
racility rayment options	Facilitie	_1	NCQA <sup>3</sup>			11	
_			COA <sup>4</sup>				2.8
Cook or colf novement	<b>No.</b> 357	% 89.3	Other State/L	anal Agana	/Ora	32 46	8.0 11.5
Cash or self-payment Private health insurance	235	58.8	Other State/L	ocal Agency	//Org	40	11.3
Medicare	124	31.0	1 Facilities may b	a licensed by	than ana	agency/organization.	
Medicaid	260	65.0	<sup>2</sup> Commission or				
Other State-financed health insurance	183	45.8	<sup>3</sup> National Comm			II Facilities	
Federal military insurance	133	33.3	<sup>4</sup> Council on Acc		y Assurance		
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A					
No payment accepted	9	2.3	Facility Fun	iding		Facilities	
Accepts other payments	9	2.3			_	No.	%
Sliding fee scale	175	43.8	Receives Fe	deral State	county	NO.	
Treatment at no charge for clients who	173	43.0	or local gove				
cannot pay	166	41.5	substance a				
		3	programs	2300 HOUH	·	193	48.3
<sup>1</sup> Facilities may accept more than one type of payment							
<sup>2</sup> Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI	ID, IL, IN,						

	Facilitie	s
Types of Services Offered	No.	%
Assessment and Pre-Treatment Services	389	97.3
Screening for substance abuse	368	92.0
Screening for mental health disorders	259	64.8
Comprehensive substance abuse assessment/diagnosis	361	90.3
Comprehensive mental health assessment/diagnosis	192	48.0
Outreach to persons in the community who may need treatment	199	49.8
Interim services for clients when immediate admission is not possible	153	38.3
Testing	338	84.5
Breathalyzer/blood alcohol testing	244	61.0
Drug or alcohol urine screening	319	79.8
Screening for Hepatitis B	74	18.5
Screening for Hepatitis C	74	18.5
HIV testing	87	21.8
STD testing	71	17.8
TB screening	126	31.5
Counseling	397	99.3
Individual counseling	393	98.3
Group counseling	363	90.8
Family counseling	324	81.0
Marital/couples counseling	242	60.5
Transitional Services	374	93.5
Discharge planning	356	89.0
Aftercare/continuing care	328	82.0
Pharmocotherapies	193	48.3
Antabuse®	63	15.8
Naltrexone	60	15.0
Campral®	60	15.0
Nicotine replacement	70	17.5
Smoking cessation medications (non-nicotine)	57	14.3
Medications for psychiatric disorders	145	36.3
Methadone	48	12.0
Buprenorphine	68	17.0
Subutex®	30	7.5
Suboxone® Ancillary Services	67 <b>393</b>	16.8 <b>98.3</b>
Case management services	265	66.3
· · · · · · · · · · · · · · · · · · ·	258	64.5
Social skills development	143	35.8
Mentoring/peer support Child care for clients' children		5.3
	21 170	42.5
Assistance with obtaining social services Employment counseling or training for clients	105	26.3
Assistance in locating housing for clients	172	43.0
Domestic violencefamily or partner violence	121	30.3
Early intervention for HIV	63	15.8
•	167	41.8
HIV or AIDS education, counseling, or support Hepatitis education, counseling, or support	101	25.3
Health education other than HIV/AIDS or hepatitis	160	
Substance abuse education	370	40.0 92.5
Transportation assistance to treatment	114	28.5
Mental health services	243	60.8
Acupuncture	243 7	1.8
Residential beds for clients' children	7 15	3.8
Self-help groups	146	36.5
Smoking cessation program	72	18.0
	Facilitie	
Clinical/Therapeutic Approaches Used Always or Often or Sometimes	No.	<u>s</u> %
Substance abuse counseling		98.8
Relapse prevention	385	96.3
Cognitive-behavioral therapy	365	90.3
12-step facilitation	311	91.3 77.8
Motivational interviewing	349	87.3
Anger management	349 326	81.5
Continued.	320	01.0

	Facilit	ies
Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	No.	%
Brief intervention	343	85.8
Contingency management/motivational incentives	224	56.0
Trauma-related counseling	238	59.5
Rational emotive behavioral therapy	187	46.8
Matrix model	158	39.5
Community reinforcement plus vouchers	38	9.5
Other treatment approaches	72	18.0

<b>Facility Capacity and Utilization Rat</b>	Facility	Capacity	and	Utilization	Rate
--	----------	----------	-----	-------------	------

		Hospital
	Residential	Inpatient
Number of facilities	59	19
Number of clients <sup>2</sup>	2,192	330
Number of designated beds	2,317	444
Utilization rate (%)	94.6	74.3
No. of designated beds/facility (avg.)	39	23

<sup>&</sup>lt;sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
<sup>2</sup> Number of clients on March 31, 2010.

# Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	79	19.8
Any language other than English	134	33.5
Services Provided by:		
On-call interpreter	70	52.2
Staff counselor	40	29.9
Both staff counselor and on-call		
interpreter	24	17.9
Languages Provided by Staff Counselor: <sup>1</sup>		
Spanish	63	98.4
American Indian/Alaska Native	0	0.0
Other	7	10.9

<sup>&</sup>lt;sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at: http://www.datafiles.samhsa.gov

Other substance abuse reports are available at: http://www.samhsa.gov/data/

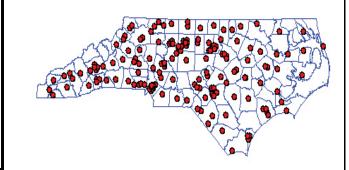
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration

Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/

## **Programs for Special Groups**

	Facilitie	es
	No.	%
Any program or group	312	78.0
Co-occurring disorders	153	38.3
Adult women	119	29.8
Adolescents	94	23.5
DUI/DWI offenders	143	35.8
Criminal justice clients	107	26.8
Adult men	75	18.8
Pregnant or postpartum women	57	14.3
Persons with HIV or AIDS	26	6.5
Seniors or older adults	21	5.3
Lesbian, gay, bisexual, or		
transgender clients	22	5.5
Other groups	40	10.0

#### **Location of Treatment Facilities**



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

http://findtreatment.samhsa.gov/